

SUCCESS IN THE WORKPLACE

EMPLOYER TOOLKIT

Strategies from
Autistic Employees

RETAINING AUTISTIC EMPLOYEES



Many autistics find navigating the social maze of the workplace daunting. There are a number of strategies that can be used to help reduce the stress of formal and informal social situations.

Supporting employees

Social events strategies

- Allow employee to skip social events without repercussions.
- Allow employee to attend only part of an event without judgement.
- Empower and encourage employee to participate in social committees, or plan their own social event, if they wish.
- Provide advanced notice of social events.
- Provide employee with a mentor to help them prepare for and navigate social events.